

OCUMC Newsletter

January 14, 2021

Oregon City United Methodist Church

Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things. - Phil 4:8

When Robinson Crusoe was wrecked on his lonely island, he drew up two columns what he called the evil and the good - just to give an accounting of his fate thus far.

He was cast on a desolate island - but still alive (not drowned, as everyone else on his ship).

He was apart from human society - but he was not starving.

He had no clothes - but he was stranded in a hot climate where they were not needed.

He had no means of defense - but no need for them either as there were no wild beasts.

He had no one to whom he could speak, but God had sent the wrecked ship so near to the shore he could retrieve basic wants.

So he concluded that there was not any



condition in the world so miserable but that one could find something for which to be grateful.

As we wrestle with our many issues, I am reminded to focus on the positive. Listen to positive music. Listen to uplifting audio books on the drive into work. Read books that are encouraging. Watch videos and listen to podcasts that are positive or help you improve skills. Don't forget to do what you enjoy to do.

And above all else: If you are what you eat holds true for your body, your mind is what you feed it!

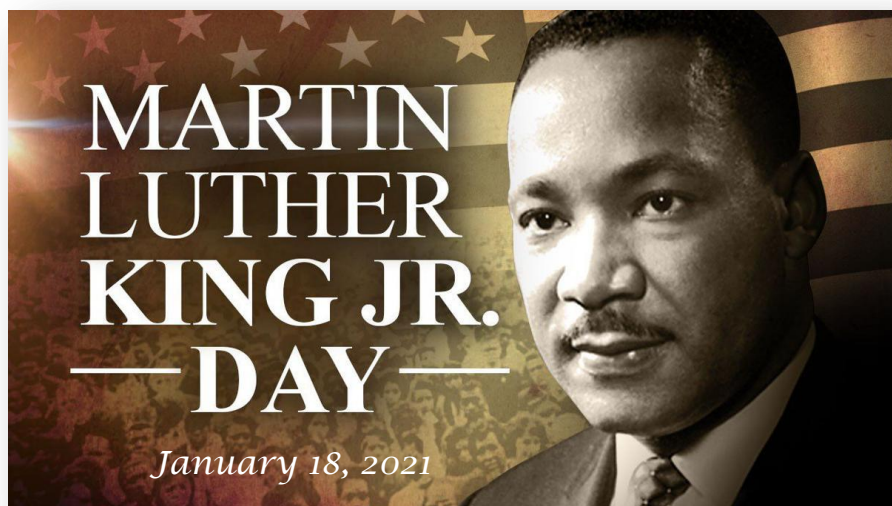
See you in virtual worship on Sunday!

Pastor Mike



Birthdays

SHUMAKER, LORI	01/02
FOURIER, DONNA	01/03
BEASLEY, JOHN	01/04
RANEY, GRETCHEN	01/04
SPRAGUE, LUCUS	01/04
SCHULT, CHARLES	01/10
REAMER, OWEN	01/12
BEVENS, BONNIE	01/15
FLINT, KATE	01/17
SCHULT, VIVIAN	01/18
BENSON, KAREN	01/21
DIFRANCO, MADISON	01/21
FRICHTL, BRUCE	01/22
FINCK, GRACIE	01/27
MCGRAW, DANI	01/27
MYERS, JANE	01/29



Thank you OCUMC!

During the month of December, the HOPE Food Pantry received 743 pounds of donated food thru the HOPE Box to help us feed the food insecure members of our community. We are so blessed to be part of a community that cares...food, shoes, Christmas Family gifts. The request gets made and you all open your hearts and help. Thank you.

In December we gave food boxes to 198 families consisting of 617 family members. There were five Wednesdays in December so our family number is a little higher than normal. The recipients expressed their appreciation for the bounty that we could share with them.

Thank you for your support,
The HOPE Pantry Team



Food Pantry Volunteers



Are you looking for a new way to serve your community?
We have good news for you!
The HOPE Pantry is welcoming new team members

If you are looking for a rewarding experience helping others, this could be for you.
There are many opportunities for contributing 1 hour to 4 hours.

Opportunities include:

- Picking up food from the Presbyterian church early on Monday mornings;
- Picking up bakery, deli, meat and produce from Oregon City Safeway on Monday and/or Tuesday mornings;
- Meeting Gary from Gleaners to check and receive the food items he has for us on Tuesday early afternoon;
- Pick up Bread and Bakery items from the Presbyterian pantry Tuesday late afternoon;
- Helping distribute food on Wednesday afternoons.
- Some jobs require that you are able to lift 10 to 30 pounds and be able to be on your feet for several hours.
- This is just a short list of the things we do to serve our food insecure neighbors. We would enjoy having you join our team.
- We practice social distancing and mask wearing which means we have a safe environment in which to volunteer.

Please call Sharon at 503-557-2361 to ask questions,
set up a time to see our Team in action, or to jump right in.

We need help, too many jobs for current volunteers!





This award recognizes you as an extraordinary
Blood Program Partner who stood with the American Red Cross
during the COVID-19 pandemic.

Your dedicated support was essential in our mission
to help save lives across the country through blood donation.

Thank you.

A handwritten signature in black ink that reads "Gail McGovern".

Gail McGovern, President and CEO

2020



**American
Red Cross**

Blood Program Partner